

How to use The Aroma Formula in Soil, Soil – less Soil or Coco.  
All figures are in ml of liquid fertilizers per 15 litres of water.

**To root cuttings  
or start seeds:**

VA	VB	FA	FB	PT	pH	MB
10	10	10	10	40	5.7	40

**Soil Vegetation Growth.** Start plants in small pot's (\*1) of soil-less soil. At some point you will want to start flowering, you may start flowering right from cutting stage or you can grow till you or your garden is ready to flower. No one other than the gardener or plant can make the right decision of when to flower. When you are ready start flowering formula.

DAY	VA & VB	POWER THRIVE	LET'S START	SET pH	MB
1	24	40	40	6.1	40
4	26	40	40	6.1	40
8	28	40	40	6.1	40
12	30	40	40	6.1	40
16	32	40	40	6.1	40
20	34	40	40	6.1	40
24	36	40	40	6.1	40

Keep increasing ml strength till 40 ml's of **VA & VB** for plants that will be left in vegetation stage indefinitely. There is no reason to push long term growing plants with stronger plant foods. For plants that you are going to push for larger yields increase the A & B formula every 4 days, yellow / light green increase by 2 to 4 ml, proper green push by 2 ml's or hold, deep green (blue / black) hold or lower ml's strength .

Lets for a sample grow you decided to grow your plants till the 24 day (above chart) and have decided to start flowering on day 28. Start your flowering formula at 2 ml's over the 36 ml's of **VA & VB** to 38 ml's of **FA & FB** keep feeding the **MB** at 40 ml's per 10 liters of water.

**Highly recommended.** Mix 3 cups fine lime, 500g kelp powder and 2 kg of vermiculite per 100 liters of soil type growing medium. Blend all dry ingredients together then wet with 6.1 pH adjusted vegetation nutrient solution just before use.

(\*1) Use a pot that will keep enough moisture in soil for 3 – 4 days before you need to water again. Before plants are ready to flower transplant into a pot that will allow 1 gallon of growing medium for each month of growth. 3 gallon or 12 liters for 3 months of vegetation and flower total growth.

**Always** water with nutrient solution.

Keep enough growing medium surrounding roots so that the soil keeps roots from being layer on top of each other. This stops roots from adjusting the pH of each other. Allowing plants to adjust the pH for better nutrient uptake!

**Soil Flowering Growth (\*2).** No one other than the gardener or plant can make the right decision of when to flower. When flowering time is ready, start building **FA & FB** 2 ml's over where you left off in, in vegetation.

DAY	FA & FB	POWER THRIVE	POWER TO BLOOM	LET'S FLOWER	LET'S FRUIT	SET pH	MB
1	38	40		40		5.7	40
4	40	40		40		5.7	40
8	42	40		40		5.7	40
12	44 - 46	40		40		5.7	40
16	46 - 48	40	(*3)	40		5.7	40
20	48 - 50	40	1.5 gram	40		5.7	40
24	50 - 52	40		40		5.7	40
28	52 - 54	40		40		5.7	40
32	52 - 52	40	(*3)		40	5.7	40
36	52	40	1.5 gram		40	5.7	40
40	52	40			40	5.7	40
44	52	40			40	5.7	40
48	52	40			40	5.7	40
52	52	40			40	5.7	40
56	52	40			40	5.7	40
60	Rinse	Solution	Rinse	Solution	Rinse	Solution	Rinse

In above sample we only increased the ml's till 52 ml's per 15 liters of nutrient solution. You may be able to push your plants harder, or you may not even get to that stage, your plants have all the answers to what level of nutrients you can deliver to them. At day 12 we could of pushed to 46 ml's if a leaves are light green then followed the right hand column for ml's increase, but at day 36 we decided that plants could not be pushed any longer and backed off. We could of given another push, but this is all up to you to find out how hard you can push your plants garden.

(\*2) No one other than the gardener or plant can make the right decision of when to flower. Plant height, health and age all play and important factor of when is the right time to flower your garden, you must decide when to flower. As much as ½ an inch of height will change the outcome of your garden yield!

(\*3) At different stages in a plant life it will utilize more mineral elements than can be provided in a nutrient solution so we recommend the following. When flowers are about ¾ " of an inch in size, use Power To Bloom 4 days later mist plants with Umph Power, repeat in 2 weeks.

To help prevent over watering, use Hydrogen Peroxide at the rate of 9 ml's per 15 liters of water.

Nothing other than the **VA, VB, FA & FB** should be increased or decreased on this chart.

**Always** water plants with nutrient solution, unless plant has become dehydrated, and then water with plain water. Once leaves are not dehydrated then water with nutrient solution. Dehydrating a plant on purpose only weakens the inside cell wall structure and creates undo stress on a plant. All plants grow at different speeds, because of health, condition of soil, watering techniques, placement of plants to light, location to vent fans and so on. When you are uncomfortable (sweating, cold or hot) your plants probably are uncomfortable too and they can't leave the room. Remember plants grow through transpiration of moisture through the leaves; if the room is full of humidity then plants can't transpire water. Before next crop plan ahead and get properly prepared. We realize that we have asked a lot for you to do but when you have the best taste and the best yield then it is worth the extra bit of work. There is nothing else that we recommend to use unless your garden gets sick. If pH drops from set pH then your garden is under attack from pathogens at this point you will need to use the Rocket Power if your garden is sick. Go to [www.thearomaformula.com](http://www.thearomaformula.com) if your plants become sick and learn how to make them healthy again.

For more info on feeding plants with **THE AROMA FORMULA** check out [www.thearomaformula.com](http://www.thearomaformula.com)