

FEEDING CHART FOR COCO, SOIL & HYDRO



Stage

Week

Grow Period

Bloom Period

1 2 3 4 1 2 3 4 5 6 7 8 9

First Feed

5ml 5ml

Grow Food

3ml 4ml

Bloom Food

4ml 4ml 4ml 4ml 4ml 4ml 3ml

Xtra Traces

2ml 1ml 1ml 1ml 1ml 1ml 1ml 2ml

Root Tonic

5ml 5ml 5ml 5ml 5ml 2ml 2ml 2ml 2ml 2ml 2ml 2ml 2ml

Boost It

1ml 2ml 2ml 1ml

Flush It

5ml 5ml

Water
H₂O

Use 5ml per litre of extra traces in ph adjusted water once a week to prevent any salt build up.
When reaching the end of flush period we recommend using ph adjusted water for 3-4 days.