

FUTURE HARVEST

GROW BETTER



EASY GROW/BLOOM PLUS **GROW GUIDE**

You'll need a few things from your local supplier!

1. **Grow medium (soil/coco/rockwool). It does not matter what grow medium you use because our EASY PLUS ALL-IN-ON SERIES is compatible with all mediums and is pH buffered**
2. **4" or 6" extraction fans (moves the air around)**
3. **A small carbon filter to eliminate odors (Optional: if you are growing cannabis and you don't want anyone to smell)**
4. **1 gallon measuring container to measure the EASY GROW/BLOOM PLUS (Even a milk jug will work and it's free!)**
5. **A measuring spoon or just take a tea spoon from your kitchen (don't let mom catch you!)**
6. **A cheap timer to turn lights on and off**
7. **A stand up or wall mount fan to help make plants stronger (optional)**



Okay! Let's get started! You either have rooted clones or seeds that have been propagated

We start by preparing your growing medium in the 1 gallon containers. Add your choice of medium and plant the rooted cutting. Add half strength Easy Grow Plus to the watering jug and give plants a feeding of the pH buffered/nutrient rich Easy Grow Plus. Only need about 1/2 gallon to do all 4 plants.



The lights for the grow tent will be 12 to 16 inches above the plants for the first 4 days to help the plants get comfortable.

The timer will be set for 18 hours per day of light and 6 hours per day of dark. Remember, when the plants are in darkness (sleeping), there cannot be any light entering the tent or else they will be very unhappy!

Plants are just like humans, if they don't get a good nights sleep, they will be stressed. So make sure to let them sleep in complete darkness!

After 4 days, lower the LED lights to 2 inches above the plants to maximize growing.

For optimal growth, water your plants daily but only little amounts at a time. If the nutrients are pouring into the tray, you have over watered and will need to let plants dry out before you can water or feed again. Remember, less is more!



Now as the plant continues to grow and develop, you will need to move lights up as they grow.

Remember, as long as the plants are in the 18 hour stage, you can bend the plants in a way so that they all grow together with the same height.

After approx. 3-4 weeks, the plants will be 12 inches to 18 inches tall (depending on the strain) so we can now transplant the 1 gallon containers over to the 2 gallon containers.

Fill the 2 gallon containers 1/2 full with your grow medium. One by one, hold the base of your plant as you turn it upside down and watch the root structure slide out of the pot. Gently place the plant into a 2 gallon container then add more medium to fill the pot. Make sure the original base of the plant is at the top of the 2 gallon container.

Now it's time to start the flowering stage! Simply switch your timer to 12 hours lights on and 12 hours lights off.

FLOWERING STAGE



Now fill up your measuring container and add Easy Bloom Plus (follow instructions for recommended dosage amounts. Remember, less is more). For optimal growth, continue to feed and water every day.



As the plants continue to grow in the 12 hour cycle and produce flowers, they will want to drink more water and take in more food so increase the amounts gradually. You can no longer bend your plants as the stalks are now hollow to allow for maximum water and nutrients to get up those fine looking buds your growing.

Also lets keep an eye out for critters or pests because you don't want to lose your beautiful flowers to some unwanted creature so pay attention to your plants!



The plants will stop growing any vertical height after 2-3 weeks of the flowering stage and hopefully you kept the plants at under 3 feet of height (preferable they are 24 inch to 30 inch in height).

You will now notice a lot of flower development which by the way is a good thing!

After approx. 7 weeks of the flowering stage, you will only use straight tap water when watering your plants.



Also, it's time for you to prune off the large fan leaves to allow more light into the plant. By plucking the fan leaves, you will be stressing the plant, which will make the buds harder as the plant will think the season is ending.



Well the plants look awesome and the buds are hard so now all you need to do is cut the plants at the bottom of the stalk and hang dry upside down in a dark place with good air circulation.

It will take about 4-7 days for the buds to dry depending on the temperature and humidity.

Make sure the buds are dry before you start processing the plant.

Once processed, put the dry material into a sealed bag for 1 day. This will allow the moisture content to even out in the product. We don't want them too dry to the point they create dust but not too wet that they grow mold. If in doubt, over dry is better than mold!



RESULTS

From using 196watts of QG LED (4 x 4ft), we managed to yield 220 grams of dry cannabis flower!

It's that easy to get a massive yield!



Well that's it! Roll up your very own, well-grown bud and enjoy! (Please note that the cannabis will taste better and be stronger in potency if you let it cure in the bags for at least 2-3 weeks).

Now all you have to do is make sure you have reordered some more Easy Grow/Bloom Plus and let's get going and growing some more awesome cannabis!

**Happy growing from the
Future Harvest Team!
Keep on growing!**

FUTURE HARVEST

GROW BETTER

VISIT US ONLINE AT
futureharvest.com

For more information call
1.866.491.0255

Future Harvest Development LTD
725 Evans Court, Kelowna,
British Columbia, Canada
V1X 6G4